

John Paul College, Rotorua

Whitworth Road, Rotorua. www.jpc.co.nz Ph: 07 3478 795 Fx: 07 3461 271 A WEEKLY NEWSLETTER FOR THE JOHN PAUL COLLEGE COMMUNITY 2nd September 2013 Term 3. Issue 29



Ma te pono Me te aroha – Through Faith and Love 2013 School Theme Constantia Vincit' - 'Constant Effort Ensures Success'

Dear Parents/ Caregivers Kia Ora, Malo e Lelei, Talofa, Greetings **ASK F.M & CYBERBULLYING**

It has come to our attention that some of our students have signed up to this website and are now experiencing cyberbullying, which is causing them upset and anxiety. Can I respectfully ask you to engage with your children about which websites they use and what they put onto them.

Ask F.M has been responsible for youth suicides and self-harm. It permits anonymous cyberbullying of others and frankly should be actively discouraged.

SCHOOL VAN USE

We appreciate parents who volunteer their time to drive the school transit vans for sports trips and off-site visits. The Board has invested over \$80,000 in the vans and they are in high demand. In order to ensure they are protected and available for other users I would respectfully ask you to follow the rules below:

- a) Students are not permitted to eat or drink in the vans, including chewing gum
- b) Ensure the van is refuelled with gas and cleaned out before you return it
- c) Drop the keys into the school office if returning during school hours or the slot in the McKillop Chapel door if returning after hours

Thank you for your cooperation.

Patrick Walsh

Principal

SENIOR OPTION SUBJECT INFORMATION MEETING

This Wednesday, the 4th September, 5:30-7:00p.m in the Edmund Rice Centre

YEAR 8 CAMP MEETING

Why: For parent's queries

Thursday 5th September 2013

In: The Library At: 5.30p.m

An overview of each camp will be given

Ms J Grahamslaw - Year 8 Dean

E. jan.grahamslaw@jpc.school.nz



PTA FOOTBALL FESTIVAL FUNDRAISER PHOENIX vs NZ 'A' TEAM SUNDAY SEPTEMBER 22ND @ 2.30pm

At the Rotorua International Stadium. We are selling the tickets to the game and getting commission for our sales.

> Tickets are Adult \$15, Child \$7.50 Family \$35 (2 adults, 2 kids)

Hope you will all support this event and put the date on your calendar

Order your tickets direct from the PTA

EVENTS THIS TERM

SEPTEMBER

1-5th Hillary Outdoor Leadership Camp

2-6th Winter Tournament

6-7th Year 13 Production - The Silver Sword

9-13th Year 10 Retreats 10th Signum Fidei Meeting 15-20th Aims Tournament 15-27th Osaka Tour Group 17th **HPV** Immunisation 20th Year 10 French Trip 21-23 Year 7 Retreats 27th Senior Reports 25th

Dance Showcase

2013 LEAVERS DINNER

Friday 6th December at the Rotorua Holiday Inn

Tickets: \$50 pp (approx.) will go on sale at the **Accounts Office Term 4**

THE JPC PTA HAVE AN EMAIL: jpcpta@gmail.com

BLOKES'/BOYS' BREAKFAST: THURSDAY 26TH **SEPTEMBER: 7A.M – 8A.M:**

There will be no cost

We would like to invite the boys in Years 7 to 10 and a male parent/caregiver/friend to breakfast gathering to celebrate boys and promote their educational opportunities and achievements at John

Paul College. This gathering will be on Thursday 26th September from 7 a.m. until 8 a.m. in the Edmund Rice Centre with food provided. If you wish to attend please email Maree Stewart, maree.stewart@jpc.school.nz indicating numbers of boys and blokes.

JPC WINS 2013 KEEP ROTORUA BEAUTIFUL **SPEECH CONTEST**

On 27 September the 2013 Keep Rotorua Beautiful Speech Contest was held in the Council Chamber of the Rotorua District Council. The subject of this annual Year & Year 8 Intermediate School speech contest was "The Effect of Tagging on our Community" John Paul College Year 8 student Olivia Temm was placed 1st and the speech by Year 8 fellow student **Joshua** McGrath enabled JPC to win Top School on aggregate points. Olivia has won an all expenses paid trip to speak at the Keep New Zealand Beautiful Conference in Auckland this month. Well done Olivia and Joshua -Gabrielle Thurston HoD Drama

❤️❤️ UNIFORM SHOP HOURS ��� Monday 8 to 11.30 and 12.30 to 4pm Tuesday 8 to 11.30 and 12.30 to 4pm Wednesday 8 to 9 and 12.30 to 4pm Thursday 8 to 11.30 and 12.30 to 4pm FRIDAY CLOSED Phone Carolyn Constable on extn 8856

MANDARIN LANGUAGE SPEECH COMPETITION

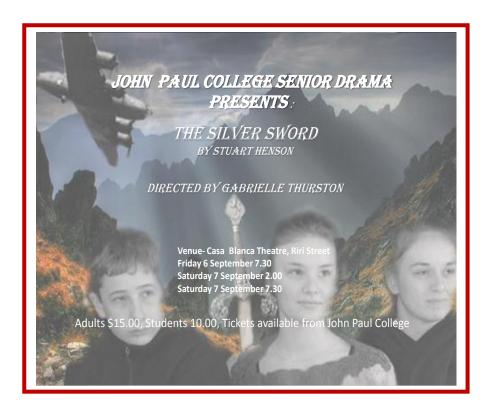
On Friday, 23rd August, the annual Mandarin Language competition was held in Rotorua. John Paul College entered three competitors in the Intermediate category. in which there were 49 contestants. Sophie London (Year 7), Natalya Lee (Year 7) and Brianna Lewis (Year 8) all got recommendations (there were 3 placing's and then 10 recommendations). Congratulations to Miss Yang (Mandarin Language Assistant) and Sophie, Natalya and Brianna.

INTERNATIONAL LANGUAGES WEEK

This week we are marking International Languages Week with an international themed assembly and a food fair on Thursday in the quad. All proceeds from the Food Fair will go to the La Sallian Foundation. We teach three of the six international languages taught in New Zealand (French, German, and Spanish) as well as supporting Mandarin learning with a Mandarin Language Assistant. There are over 40 different nationalities represented at John Paul College and at least 15 teachers here speak more than one language. Hilary Clark (HOD International Languages)

BUSINESS STUDIES CHINA TRIP IN 2014 – FIRST MEETING: TONIGHT 2ND SEPTEMBER AT 5.15PM
In April 2014, the Year 13 Business Studies students will visit China (Beijing and Shanghai) to experience Chinese culture, learn about 'doing business' in a global context, and meet with Kiwis and NZ companies who live and work in

The information meeting on Monday is for students and parents to discuss plans and cost. Students (and their parents) who are not currently studying Business but are interested in the trip are also welcome to attend the meeting. Please email me on minka.webb@jpcschool.nz if you have queries prior to the meeting. M Webb, Business School



STUDENT HEALTH

Te Ngae Medical Centre at the new Redwood Centre on Tarawera Road will be keepin up to date on current health issues concerning teenagers on a monthy basis.



TOPIC THIS MONTH: ACNE

Acne is a common consultation for GPs when seeing teenagers.

Acne usually starts in your early teens, although adults can develop acne too. Around 85% of people aged 12 years to 25 years will suffer from acne.

Increased skin oils and dead skin block skin pores causing what we know as whiteheads and blackheads to develop. Bacteria can then cause redness, infection or pimples and cysts. At the worst, skin scarring can occur.

There is no one answer as to why acne occurs – your genetics, hormonal changes, oily skin products, stress, sweating, and some prescription medicines. With regards to your diet there is now evidence that low GI, low diary, low fat diets do help acne. For various reasons this means less skin oils are produced therefore reducing acne.

Acne, because it affects ones appearance, does affect teenagers self esteem and confidence at a time when their personalities are developing. It's an important medical problem for many teenagers.

Treatment depends on the severity of acne. For mild acne, topical washes and lotions maybe all that is required, most don't require a prescription. For moderate to severe acne oral medicines are likely required and you will need to see your GP. Most GPs can now prescribe isotretinoin for severe acne, rather than having to see a specialist dermatologist. The side effects of this medicine need to be discussed but it is highly effective.

Check out www.dermnet.org.nz or www.everybody.co.nz for more detailed information or speak to your GP.

A BIG THANK YOU to our netball coaches who helped out this seasons, Coral Palmer, Tania Gracie, Kielee Mathis, Rebecca Colby, Necia Marriner, Theresa Mutlow Daniel Haimoana, Joan Hutton and Allyn Boyed. Because of their commitment and dedication throughout the year our teams have grown in strength and numbers and without you we would not have any teams. I would also like to thank the senior girls who volunteered as umpires on Saturday mornings for our teams and the white umpires Lex, Shaun and Rose for the influence and knowledge they shares with our students involving their umpiring skills.

Mrs N Rogers – Teacher in Charge: Netball

We wish our Senior A team, who is coached by Coral Plamer and managed by Justine Sinclair, all the best this week while they are away on the UNISS tournament held in Auckland, if anyone would like to be updated all information and results will be on their website and contact details are below for any queries.

UNISS 2013

2nd to 6th September 2013 at Howick Pakuranga Netball Centre

451 Pakuranga Road, Lloyd Elsmore Park, Pakuranga PO Box 82073, Highland Park, Auckland 2143

P: 09 534 7571 | W: www.netballbop.wordpress.com

ALPHA courses have been run successfully in many countries over the years. It is open to all people and is designed to provide an opportunity to exploring the christian faith in a relaxed, non threatening manner. It will be held at St Mary's Church beginning with:

Introductory dinner on Saturday 28 September at 7.00 pm
Followed by a 7 week course beginning Oct 15 each Tuesday 6.30pm – 9.00p.m

Currently we require people for meal rosters. Should you have a gift for catering please call. For all inquiries contact Jan ph 027294920, Gary 3478061, Kay 3486148, Darren 0276875431



Come away to be refreshed and renewed – Dove Retreat 13th – 15th September

Dove Catholic Fellowship for Women National team is delighted to invite all women to a retreat weekend with special guest speaker Bev McDonald. Bev is a Marist Lay woman with a passion of encouraging our vocation as laity. The weekend will provide time for some personal quiet sacred space.

Theme: "Love like Mary"

Venue: Willow Park Christian Camp at Eastern Beach Auckland

Register online at http://www.dove.org.nz/. **For further information** please contact Shona Williams 07 543 0101 email shonawilliams58@gmail.com or Judy Olsen 09 486 3386 judyolsen@orcon.net.nz

Lumino Rotorua Dental Centre is now seeing under 18s who are due for a check-up or require dental treatment, all dental treatment is funded by the Government. For an appointment please contact us on 07 3484787 or ranolfstreet@lumino.co.nz

HEALTH: YR 9 CHOICE PROGRAMME

The Year 9 students will participate in the above programme over a 3 week period. The students will have one period each week on a Thursday, starting on the 12th September. This programme comes under the area of Sexuality Education and requires parent/caregiver consent for students to participate. The programme is designed to help young people resist the pressures to become sexuality involved. It is the seventh year that it has been included in the Health programme at John Paul College. The programme is delivered by trained facilitators and covers the following:

- Understanding relationships
- Information and exercises related to social/peer pressure
- Information and exercises on using assertive techniques in response to peer/social pressure
- Information related to the risks of early sexual involvement

YEAR 7 PUBERTY

All Year 7 students will be starting the above programme over the next few weeks. The unit requires parent/caregiver consent.

Barb Northey

HOF Health and Physical Education barb.northey@jpc.school.nz



Once again John Paul College is collecting for the Samaritan's Purse annual shoe box appeal. Each year we ask for small gifts to be put into shoe boxes and sent to children overseas in countries such as PNG, Cambodia and Vietnam. Many of these children have never received a gift before.

This year we have told the students they may choose to either

- Join together with a group of friends and fill a box
- Work as a form class and fill two boxes (one for a boy and one for a girl)
- Donate an item or items straight to RSC2
- Donate some money (again drop this off at RSC2 and we will organize sending it on)
- Last year we managed to fill an amazing 50 boxes!

Each box needs:

SOMETHING TO LOVE

Teddy bear, doll, soft toy, etc.

• SOMETHING FOR SCHOOL

Exercise book, pencil case, pens, pencils, colouring pencils, sharpener, eraser, chalk, etc.

• SOMETHING TO WEAR

T-shirt, shorts, underwear, cap, beanie, sandals, thongs, etc.

• SOMETHING TO PLAY WITH

Tennis ball, cars, skipping rope, marbles, musical instrument, yo-yo, slinky, finger puppets, wind up torch, etc. (No battery operated items)*

• SOMETHING FOR PERSONAL HYGIENE

Soap and face washer, toothbrush, hairbrush, comb, hair-clips, scrunchies, etc.(No toothpaste, bubble bath or any other item that might leak)

SOMETHING SPECIAL

Carry bag, sunglasses, bangles, necklaces, craft kits, stickers, note or photo of yourself.

• MONEY TO COVER TRANSPORT AND DELIVERY

Although the boxes are delivered by volunteers there are many expenses incurred it costs \$9 per box so all donations of money are equally important.

There are also some items that unfortunately <u>WE CANNOT SEND</u> they include:-Lollies, liquids of any sort including shampoo, bubble bath etc., toothpaste, deodorant, old or damaged items, anything that might break e.g. mirror, anything that can cause harm or relates to war, anything that relates to gambling such as playing cards and dice.

As with every year, you may also take home and fill a box as a family if you prefer. I am always humbled by the generosity of the staff, students and their families each year in creating these shoeboxes of love. All donations should be brought directly to RSC2 please no later than the last week of this term.

Mrs Bloomfield (Director of Religious Studies).



AIMS FOOTBALL TEAM FUNDRAISING

Envirowaste Services Ltd has offered to support our Aims Football Team by supplying 3x 9m gantry bins that we can sell. The normal cost of these bins is \$345.00; the bins will be available at the reduced rate of \$285.00. This money will go towards new jackets, transport, etc to get our team to Aims. These bins are available for clean ups around the house, yard or even for your business.

Please give Stephanie Buttari at Envirowaste Services ph 0800 240 120 or 027 422 6033 a call for further details or to book your bin. * Special conditions apply.

NEWS FROM THE CAREERS DEPARTMENT

Wintec Course Information Evenings

Call in any time between 4pm-6pm on Wednesdays at the Student Information and Enrolment Centre, City Campus, Tristram Street. Free Parking –Campus car park building level 4&5- enter from Nisbet Street.

11th **September** – Visual Arts, Communication, Commercial Music, Fashion, Design, Interior Design and your Portfolio **18**th **September** _ Science, Engineering and Trades

25th September _ Business Management, Business Administration, Sport Management and Information Technology 2nd October Nursing, Midwifery, Mental Health Support, Social Work, Counselling and Occupational Therapy

16th October _ Education, Sport & Exercise Science, Outdoor Recreation and Massage Therapy

23rd October Hospitality & Cookery, Tourism, Hairdressing, Beauty and Events

30th October Animal Technology, Arboriculture, Horticulture, Landscape Design, Floristry

Massey University

Massey University Course Planning will be held on Monday the 9th September. An appointment schedule is available in the Careers Office.

Study Link

Study Link will be at School on Wednesday the 11th of September to assist Year 13 students to apply for their Student Loans/Allowances. An Appointment Schedule will be available in the Careers Office.

The University of Otago

Otago University course planning will be held on Tuesday the 17th of September from 12noon.

Victoria University

Victoria University course planning will be held on Wednesday the 18th of September from 1pm.

The University of Auckland

The University of Auckland course Planning will be held on Wednesday the 25th September from 8.50am.

SCHOLARSHIP INFORMATION

Unison

The Powerlines People

Unison Electrical Engineering Scholarships for School Leavers

For students to be eliqible for the scholarship school leavers must:

- Be enrolled in a four year Bachelor of Engineering degree majoring in Electrical and Electronic Engineering at University of Auckland or University of Canterbury
- Attend a Local school in either Hawke's Bay, Taupo, or Rotorua, and
- Be a New Zealand citizen or Permanent resident of New Zealand.

Application forms for this Scholarship are available at the Careers Office. Applications should be posted by the 1st November 2013.

Make contact with the Careers Office on extension 8823 for any queries on the above, or email sheryl.hewitson@jpc.school.nz

AMJAZZ Dance Studios Rotorua



New enrolments are now being accepted! AMJAZZ offers American Jazz (from 5 years), Hip Hop (from 8 years), Contemporary (from 12 years) and Ballet (from 5 years). Adult classes also available!

New Enrolment Term starts Monday 26th August 2013.

Come and dance with us!

To enrol or for further information; contact us on – 07-3458632 or info@amjazz.co.nz or visit www.amjazz.co.nz







Is your teen confused about the future? Using various psychometric tools, including the Occupational Interest Profile and Learning Style Indicator, Matrix Resources compile a detailed report based on the outcomes of these assessments to aid in both career choice and subject selection. Cost \$250.00 + GST. To find out more contact Kate Hudson (Bus Psych, AAMINZ)

Organisational Development Consultant matrix.kate@gmail.com www.matrixresources.co.nz



Aaron Clark

Senior Personal Banker, (Tuesday to Saturday)

ANZ ROTORUA MALL

Open 7 Days Block E, 1128 Amohau St, Rotorua T. +64 7 349 7310 F. +64 7 349 8516 E. aaron.clark@anz.com M. 027 225 6017

anz.co.nz



HOPE
Counselling

Joy Dorfliger B.Couns., MNZAC (Prov.).
0212103339
joy@nzlogchalets.co.nz

Relationships • Anxiety • Depression • Anger
Grief • Negotiation & Communication Skills



Your local electrician
Contact: Michael Dent
021 954 016 or 333 8192
michael.dent@kinetic-electric.co.nz

ADVERTISE YOUR BUSINESS HERE FOR \$5 PER WEEK AND REACH 800+ FAMILIES ADVERTISE YOUR BUSINESS HERE FOR \$5 PER WEEK AND REACH 800+ FAMILIES



NO ACC SURCHARGE ON XRAYS

- CT MRI Screening and Vascular Ultrasound General Musculoskeletal
- •Intervention Procedures and Echocardiography
- Ultrasound Guided Biopsies •Ultrasounds
- All Maternity Ultrasounds
- (Immigration CXRs)
- * ACC/Private and Insurance Funded

We are also pleased to be the first to offer 4D scanning in the Rotorua area.

Bringing patient care and imaging technology together

X-rays – No appointment necessary. For all other services call us to make an appointment.

Central Health 1181, Crnr Amohia & Haupapa Streets Ph 07 343 7468 www.mokoiaradiology.co.nz